

District Wellness Policy Action Plan 2018-19

Highlights of Accomplishments

May 2019

- High School Booster President, Andrea Temple, met with Committee and shared efforts Boosters are making to promote healthy food choices. Discussed implementation of more price differentials.
- District lunch service was observed at all elementary schools. Observers found students have enough time to eat their lunch and to socialize. Can create a detailed report if the Board wants.
- Promoted MEABT staff wellness events throughout the District and the staff development day in April highlighted mental health and wellness sessions.
- Schools continue to promote physical activity using 5-2-1-0+8 Let's Go mini grant funds to purchase supplies for both indoor and outdoor recess. Mt. Ararat High School conducted a student Wellness Summit in March.