



NOVEMBER 2018

This Institution is an Equal Opportunity Employer

Mt Ararat Middle School

Lunch Price \$2.85 Paid
\$.40 Reduced
Milk Outside the Meal \$.50
Menu is Subject to Change Without Notice

Monday

Tuesday

Wednesday

Thursday

Friday



5

Burger Day
Teriyaki Chicken Sandwich
Veggie Soup w/WG Biscuit
Emoji Fries
Fruit & Salad Bar
Ice Cold Milk

6

Taco Tuesday
Beef Nachos
Beef & Cheese Burrito
Black Bean & Corn Salad
Fruit & Salad Bar
Ice Cold Milk

7

Pizza Day
Pulled Pork Sandwiches
Pineapple Coleslaw
Fruit & Salad Bar
Ice Cold Milk

1

Chicken Tenders
Cheese Ravioli
Chicken Caesar Salad
Green Beans
WG Roll
Fruit & Salad Bar
Ice Cold Milk

2

Baked Cheese Sticks w/Marinara Sauce
Chicken Chow Mein with Crunchy Noodles
Chef's Choice
Winter Mix of Vegetables
Fruit & Salad Bar
Ice Cold Milk

8

Popcorn Chicken Bowl
Sloppy Joe Sandwich
Tuna Salad Plate
Cauliflower
Fruit & Salad Bar
Ice Cold Milk

9

Spicy Chicken Sandwich
Home Made Spaghetti & Meatballs
WG Breadstick
Turkey Cranberry Wrap
Asparagus
Fruit & Salad Bar
Ice Cold Milk

12

Veterans Day

No School

13

Chicken Fries
Pizza Burger
Glazed Carrots
Fruit & Salad Bar
Ice Cold Milk

14

Pizza Day
Rib B Que Sandwich
National Guacamole Day! Served with
Tortilla Chips
Fruit & Salad Bar
Ice Cold Milk

15

Holiday Meal
Turkey and Gravy
Mashed Potato & Stuffing
Cheesy Broccoli Rice Casserole
Chicken Patty Sandwich
Squash
WG Roll
Cranberry Sauce

16

French Toast & Sausage
Shrimp Poppers
Mini Corn Dogs
Tater Tots
Fruit & Salad Bar
Ice Cold Milk

19

Eagle Sampler
Pizza Sticks, Buffalo Bites, Onion Rings
Pasta & Red Sauce
Peas & Carrots
Fruit & Salad Bar
Ice Cold Milk

20

Chicken Nuggets
Buttered Pasta
Spinach
Chef's Choice
Fruit & Salad Bar
Ice Cold Milk

21

Thanksgiving Break

No School

22

Thanksgiving Break

No School

23

Thanksgiving Break

No School

26

Meatless Monday
Bosco Sticks with Sauce
Tomato Soup with Grilled Cheese
Home Made Macaroni & Cheese
Celery Sticks w/Sunbutter
Fruit & Salad Bar
Ice Cold Milk

27

Hot Dogs
Cheeseburger Pie
Fish Square Sandwich
Baked Beans & Cole Slaw
Fruit & Salad Bar
Ice Cold Milk

28

Chicken or Cheese Quesadilla
Orange Chicken Over Rice
Steamed Broccoli
Fruit & Salad Bar
Ice Cold Milk

29

Shepherd's Pie
Buffalo Chicken Dip w/WG Chips
Lasagna Roll Ups
Peas & Carrots
Fruit & Salad Bar
Ice Cold Milk

30

Meatball Sliders
Teriyaki Chicken Strips w/Egg Roll
Potato Cheddar Soup
Fried Rice
Fruit & Salad Bar
Ice Cold Milk

Daily Offerings are Sandwiches, MAMS Munchables & A La Carte Items can be purchased when Funds are on the Student's Account.

